

PRE-CONGRESS

PRE-CONGRESS WORKSHOP (22 Nov 2018, Thursday) AUDITORIUM UTAMA, HOSPITAL KUALA LUMPUR <i>Moderator: Mohamed Badrulnizam Long Bidin</i>		
0900 - 1000	Registration	
1000 - 1030	Morning Tea	
1030 - 1100	Overview of Diabetic Foot in Asia <i>Mohamed Badrulnizam Long Bidin (Malaysia)</i>	Auditorium Utama, Hospital Kuala Lumpur
1100 - 1130	Wound Assessment <i>Harikrishna K. R. Nair (Malaysia)</i>	Auditorium Utama, Hospital Kuala Lumpur
1130 - 1200	Management of Diabetic Foot <i>Mohd Yazid Bajuri (Malaysia)</i>	Auditorium Utama, Hospital Kuala Lumpur
1200 - 1230	The Ischaemic Foot <i>Ismazli Zaharuddin (Malaysia)</i>	Auditorium Utama, Hospital Kuala Lumpur
1230 - 1300	Principle of Wound Closure in Diabetic Foot <i>Normala Basiron (Malaysia)</i>	Auditorium Utama, Hospital Kuala Lumpur
1300 - 1400	Lunch 1st Floor, Auditorium Utama, Hospital Kuala Lumpur	
Workshop		
1400 - 1600	Bilik Ibnu Sina, Auditorium Utama, Hospital Kuala Lumpur Foot Assessment <i>Instructor: Siti Aishah Khamis (Malaysia)</i>	Auditorium Utama, Hospital Kuala Lumpur Choice of Dressings & Case Discussion <i>Instructor: Sakulawati Said (Malaysia)</i>

OPENING CEREMONY AND WELCOME RECEPTION (22 Nov 2018, Thursday) LEVEL 3, KUALA LUMPUR CONVENTION CENTRE		
1100 - 1300	IDF-WPR Executive Board Meeting (by Invitation Only) Meeting Room 305	
1200 - 1800	Registration Foyer of Banquet Hall	
1300 - 1600	IDF-WPR Council Meeting (by Invitation Only) Meeting Room 305	
1700 - 2200	Opening Ceremony & Welcome Reception Banquet Hall	
1830 - 1840	Welcome Address by Chairman of Congress Organising Committee <i>Ikram Shah Ismail (Malaysia)</i>	
1840 - 1850	Welcome Address by IDF-WPR Chair <i>Linong Ji (China PR)</i>	
1850 - 1900	Welcome Address by AASD Chair <i>Yutaka Seino (Japan)</i>	
1900 - 1920	Speech and Opening by The Deputy Minister of Health, Malaysia <i>The Honourable Dr. Lee Boon Chye</i>	
1920	Welcome Reception Press Conference	
1945 - 2015	Plenary Lecture by IDF President <i>Nam Han Cho (South Korea)</i>	

SCIENTIFIC PROGRAMME

DAY 1 (23 Nov 2018, Friday) LEVEL 3, KUALA LUMPUR CONVENTION CENTRE					
0730 - 1830	Registration				Foyer of Banquet Hall
0830 - 0900	Presidential Lecture <i>Chairperson: Ikram Shah Ismail</i> <i>Linong Ji (China PR)</i>				Plenary Hall
0905 - 0950	Plenary 1 <i>Chairperson: Anuar Zaini</i> Cardiovascular Outcome Trials – Past, Present and Future <i>Rury Holman (UK)</i>				Plenary Hall
0950 - 1010	Tea Break				Grand Ballroom
1010 - 1050	AASD Yutaka Seino Award Lecture <i>Chairperson: Yutaka Seino</i> <i>Lee-Ming Chuang (Chinese Taipei)</i>				Plenary Hall
1055 - 1240	Plenary Hall	Banquet Hall	Conference Hall 1	Conference Hall 2	Conference Hall 3
	Clinical Diabetes and Therapeutics	Clinical Diabetes and Complications	Nutrition And Exercise	Education and Living With Diabetes	AASD
	Symposium 1 Advances in Diabetes Management <i>Chairpersons: Wan Mohamad Wan Bebakar & Thep Himathongkam</i> 1. Optimal HbA1c: Does it Matter How You Get There? <i>Rury Holman (UK)</i> 2. Algorithm: Is it Useful? <i>Ronald Ma (Hong Kong SAR)</i> 3. Sulphonylureas: Are They Still Relevant? <i>Sidartawan Soegondo (Indonesia)</i>	Symposium 2 Cardiovascular Risk in Diabetes <i>Chairpersons: Mafauzy Mohamed & Linong Ji</i> 1. Diabetes and CVD in WP Region: Current Status and Future Directions <i>Jonathan Shaw (Australia)</i> 2. The Role of Statin and Antiplatelet in Primary Prevention of CVD <i>Nemencio Nicodemus Jr. (Philippines)</i> 3. BP Targets for Diabetes: 130/80 mmHg? <i>Wayne HH Sheu (Chinese Taipei)</i>	Symposium 3 Gestational Diabetes <i>Chairpersons: Siew Pheng Chan & Weiping Jia</i> 1. Is Glycaemic Index Useful? <i>Shashank Joshi (India)</i> 2. Managing Weight Gain in Obese GDM <i>Moe Wint Aung (Myanmar)</i> 3. The Future of GDM Mothers and Offsprings <i>Shireene Ratna Vethankkan (Malaysia)</i>	Symposium 4 T1DM in Youth: What is Unique? <i>Chairpersons: Fuziah Md Zain & Daphne Gardner Su-Lyn</i> 1. Exercise Management in T1DM <i>Hood Thabit (UK)</i> 2. Metabolic Control Beyond HbA1c <i>Khalid Hussain (Qatar)</i> 3. Retinopathy in T1DM <i>Kim Donaghue (Australia)</i>	Oral session: AASD Investigator Award <i>Chairpersons: Kathryn Tan & Ta Van Binh</i> (Please refer to Page 26)

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DAY 1 (23 Nov 2018, Friday) LEVEL 3, KUALA LUMPUR CONVENTION CENTRE					
1240 - 1400	Conference Hall 1 Servier Lunch Symposium <i>Chairperson: Siew Pheng Chan</i> Is Glycemic Control Still at The Core of Type 2 Diabetes Management? <i>Sanjay Kalra (India)</i> What's Next After Metformin? The Place of Sulphonylureas in The Light of Current Evidences <i>Jean Claude Mbanya (Cameroon)</i>		Conference Hall 2 AstraZeneca Lunch Symposium <i>Chairperson: Hew Fen Lee</i> Defining the Management of T2DM Across the Cardiovascular Risk Continuum: Latest Updates from AHA <i>Jonathan Shaw (Australia), David Sim (Singapore)</i>		Conference Hall 3 Abbott Diabetes Care Lunch Symposium <i>Chairperson: Linong Ji</i> Paradigm Shift in Glucose Monitoring with The Ambulatory Glucose Profile <i>Daphne Gardner Su-Lyn (Singapore), Margaret McGill (Australia)</i>
	Plenary Hall Oral Presentations OP1 – OP5 <i>Chairperson: Wan Mohd Izani</i> (Please refer to Page 26)	Banquet Hall Oral Presentations OP6 – OP10 <i>Chairperson: Rajesh Ramasamy</i> (Please refer to Page 27)	Conference Hall 1 Oral Presentations OP11 – OP15 <i>Chairperson: Nafeeza Mohd Ismail</i> (Please refer to Page 27)	Conference Hall 2 Oral Presentations OP16 – OP20 <i>Chairperson: Masni Mohamad</i> (Please refer to Page 27)	Conference Hall 3 AASD
1505 - 1605	Plenary Hall Debate 1 <i>Moderator: Khalid Abdul Kadir</i> Medical Treatment of Hyperglycaemia: Stepwise vs Pathophysiological Approach <i>Rury Holman (UK) vs Mark Cooper (Australia)</i>		Banquet Hall Debate 2 <i>Moderator: Letchuman Ramanathan</i> Diabetes Prevention: Sugar Tax vs Education for Behaviour Change <i>Rob Martinus Van Dam (Singapore) vs Winnie Chee Siew Swee (Malaysia)</i>		Oral session: AASD Basic Research on Insulin Action and Diabetes-Related Complication <i>Chairpersons: Kyong Soo Park & Yoshihito Fujita</i> (Please refer to Page 28)
1605 - 1625	Tea Break				
1625 - 1725	Plenary Hall Clinical Diabetes and Therapeutics	Banquet Hall Clinical Diabetes and Complications	Conference Hall 1 Clinical Diabetes and Therapeutics	Conference Hall 2 Clinical Diabetes and Therapeutics	Conference Hall 3 AASD
1730 - 1830	Symposium 5 Diabesity: New Direction in Treatment <i>Chairpersons: Masni Mohamad & Nemencio Nicodemus Jr.</i> 1. Ties between Obesity and Diabetes <i>Shashank Joshi (India)</i> 2. Managing Obesity <i>David Cummings (USA)</i>	Symposium 6 Managing Diabetic Foot <i>Chairpersons: Wan Mohd Izani & Sidartawan Soegondo</i> 1. Prevention of Diabetic Foot <i>Mohd Yazid Bajuri (Malaysia)</i> 2. Diabetic Foot Care <i>Thep Himathongkam (Thailand)</i>	Symposium 7 Lessons from Clinical Trials <i>Chairperson: Letchuman Ramanathan</i> 1. Lingering Issues in CVOT in T2DM <i>Nor Azmi Kamaruddin (Malaysia)</i> 2. Clinical Trials Comparing Different Pre-mix Insulin Treatment <i>Weiping Jia (China)</i>	Symposium 8 Translational Research <i>Chairperson: Leslie Charles Lai Chin Loy</i> 1. Stem Cell Therapy for Diabetes-present and future <i>Rajesh Ramasamy (Malaysia)</i> 2. Personalised Medicine for Diabetes-from genetics to therapy <i>Ronald Ma (HK)</i>	Oral session: AASD Basic Research on Beta Cell biology and Incretins <i>Chairpersons: Nobuya Inagaki & Young Min Cho</i> (Please refer to Page 28)
	Sanofi Evening Symposium <i>Chairperson: Juliana Chan</i> Casting New Light on Basal Insulins <i>Helen L. Baron (US)</i>				

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DAY 2 (24 Nov 2018, Saturday) LEVEL 3, KUALA LUMPUR CONVENTION CENTRE					
0600 - 0730	Walk for Diabetes Banquet Hall				
0730 - 1800	Registration Centre Core Registration Counter				
0750 - 0850	Conference Hall 2	Conference Hall 1			
	<p>Eli Lilly Breakfast Symposium Chairperson: <i>Khalid Abdul Kadir</i> Has The Time Come to Re-evaluate Our Treatment Approach in Type 2 Diabetes? <i>Ted Wu (Australia)</i></p>	<p>Novo Nordisk Breakfast Symposium Chairperson: <i>Siew Pheng Chan</i> Co-formula Insulin; A Smart Solution for A Complex Disease <i>Shashank Joshi (India)</i></p>			
0855 - 0940	<p>Plenary 2 Chairperson: <i>Mustaffa Embong</i> The Diabetes Epidemic: Why We May be Misunderstanding it? <i>Jonathan Shaw (Australia)</i></p> Plenary Hall				
0945 - 1025	<p>Plenary 3 Chairperson: <i>Muhammad Yazid Jalaludin</i> The Future of Childhood Diabetes <i>Kim Donaghue (Australia)</i></p> Plenary Hall				
1025 - 1045	Tea Break Grand Ballroom				
1045 - 1230	Plenary Hall	Banquet Hall	Conference Hall 1	Conference Hall 2	
	Clinical Diabetes and Therapeutics	Clinical Diabetes and Complications	Nutrition And Exercise	Education and Living With Diabetes	
	Conference Hall 3				
	AASD				
	<p>Symposium 9 New Modalities of Treatment Chairpersons: <i>Hew Fen Lee & Rob Martinus Van Dam</i></p> <ol style="list-style-type: none"> Newer Insulins: Are They Worth it? <i>Thep Himathongkam (Thailand)</i> What's The Ideal Combination? <i>Siew Pheng Chan (Malaysia)</i> What's New in The Pipeline? <i>Moon-Kyu Lee (Korea)</i> 	<p>Symposium 10 Microvascular Complications Chairpersons: <i>Mohamed Badrulnizam Long Bidin & Mohamed Hassanein</i></p> <ol style="list-style-type: none"> Genetic Factor and The Development of Diabetic Complication <i>Mark Cooper (Australia)</i> Retardation of Diabetic Kidney Disease <i>Juliana Chan (Hong Kong SAR)</i> Risk Factors and Recent Advances in Diabetic Retinopathy <i>Nor Fariza Ngah (Malaysia)</i> 	<p>Symposium 11 Diabetes Prevention Chairpersons: <i>Shane Brun & Noorlita Adam</i></p> <ol style="list-style-type: none"> Lesson from DIRECT Trial <i>Anthony Leeds (UK)</i> Useful Technology for Monitoring Lifestyles <i>Elaine Chow (Hong Kong SAR)</i> Pre-diabetes: Lifestyle, Pharmacotherapy or Regulation <i>Jonathan Shaw (Australia)</i> 	<p>Symposium 12 Diabetes Education Chairpersons: <i>David L Whitford & Martalena Br Purba</i></p> <ol style="list-style-type: none"> Diabetes Education in Adults vs Elderly: Are There Differences? <i>Trisha Dunning (Australia)</i> Literacy and Numeracy: Does it Matter to Diabetes Outcome <i>Margaret McGill (Australia)</i> Diabetes Education in the Digital Era <i>Daphne Gardner Su-Lyn (Singapore)</i> 	<p>Oral session: AASD Clinical Research on Diabetes and Its Therapeutics 1 Chairpersons: <i>Altaisai Khan Khasag & Zhanay Akanov</i></p> <p>(Please refer to Page 28)</p>
	1230 - 1400	Conference Hall 1	Conference Hall 2	Conference Hall 3	
	<p>Boehringer Ingelheim Lunch Symposium Chairperson: <i>Zanariah Hussein</i> CV outcomes trials with antihyperglycemic agents: Putting it all together <i>Mark Cooper (Australia)</i></p> <p>Is It Important for The Endocrinologist? <i>Subodh Verma (Canada)</i></p>	<p>Abbott Nutrition Lunch Symposium Chairperson: <i>Jose Rodolfo Dimaano</i> Revisiting Diabetes and Rethinking Nutrition Intervention <i>Shashank Joshi (India)</i></p>	<p>Worldwide Initiative for Diabetes Care Chairperson: <i>Ronald Ma</i> Updates on Hypoglycaemia in Diabetes Management: An Asian Perspective <i>Andrea Luk (Hong Kong SAR), Alexander Tan (Malaysia)</i></p>		

CONCURRENT POSTER

DAY 2 (24 Nov 2018, Saturday) LEVEL 3, KUALA LUMPUR CONVENTION CENTRE			
1400 - 1500	Banquet Hall	Plenary Hall	Conference Hall 3
	<p>Debate 3 <i>Moderator: Wan Mohamad Wan Bebakar</i> Obesity: Pharmacotherapy vs Surgery <i>Shashank Joshi (India) vs David Cummings (USA)</i></p>	<p>Debate 4 <i>Moderator: Mustaffa Embong</i> Lipid: Fire and Forget vs Treat to Target <i>Mafauzy Mohamed (Malaysia) vs Ted Wu (Australia)</i></p>	<p>AASD Oral session: AASD-MDIA Genome Research on Diabetes and Its Related Metabolic Disorders <i>Chairpersons: Ronald Ma & Tien-Jyun Chang</i> (Please refer to Page 29)</p>
1505 - 1550	<p>Plenary 4 <i>Chairperson: Khalid Kadir</i> From Integrated Diabetes Care to Precision Medicine <i>Juliana Chan (Hong Kong SAR)</i></p>		Plenary Hall
1555 - 1655	Conference Hall 1	Conference Hall 2	
	<p>Ascensia Diabetes Care High-tea Symposium <i>Chairpersons: Juliana Chan, Peter Schwarz</i> Crucial Part of A Future Interconnected M-Health Concept in Diabetes Management <i>Guido Freckmann (Germany), Debasis Basu (India)</i></p>	<p>Merck Sharp & Dohme High-tea Symposium <i>Chairperson: Siew Pheng Chan</i> New Insights for Clinical Questions: The COMPOSIT Trials <i>Carolyn Deacon (Denmark)</i> Ertugliflozin – A Newly Emerging SGLT2 Inhibitor for Patients with Type 2 Diabete <i>Mark Cooper (Australia)</i></p>	
1700 - 1730	<p>AASD Masato Kasuga Award Lecture <i>Chairperson: Yutaka Seino</i> <i>Young Min Cho (South Korea)</i></p>		Plenary Hall
1730 - 1800	<p>AASD Xiaoren Pan Award Lecture <i>Chairperson: Yutaka Seino</i> <i>Nam Han Cho (South Korea)</i></p>		Plenary Hall
2000 - 2300	<p>Congress Dinner & Cultural Show</p>		<p>Grand Ballroom, Level 1, Mandarin Oriental Kuala Lumpur</p>

DAY 3 (25 Nov 2018, Sunday) LEVEL 3, KUALA LUMPUR CONVENTION CENTRE					
0730 - 1400	Registration Centre Core Registration Counter				
0800 - 0845	Plenary 5 <i>Chairperson: Ming Yeong Tan</i> Palliative Care and End of Life Care : Does Diabetes Matter? <i>Trisha Dunning (Australia)</i> Plenary Hall				
0850 - 1020	Plenary Hall Clinical Diabetes and Therapeutics	Banquet Hall Clinical Diabetes and Complications	Conference Hall 1 Nutrition And Exercise	Conference Hall 2 Education and Living With Diabetes	Conference Hall 3 AASD
	Symposium 13 What's New in Hypoglycaemia? <i>Chairpersons: Anuar Zaini & Linong Ji</i> 1. Cardiac Abnormalities During Hypoglycaemia <i>Elaine Chow (Hong Kong SAR)</i> 2. Cognitive Decline in Hypoglycaemia <i>Wayne HH Sheu (Chinese Taipei)</i> 3. Hypoglycaemia Unawareness <i>Mohamed Hassanein (UAE)</i>	Symposium 14 Diabesity- The Evil Twin <i>Chairpersons: Mohamed Badrunizam Long Bidin & Anthony Leeds</i> 1. Non-Alcoholic Fatty Liver Disease (NAFLD): The New CV Risk <i>Ronald Ma (Hong Kong SAR)</i> 2. Obstructive Sleep Apnoea: Not-so Silent Killer <i>Andrea Ban Yu-Lin (Malaysia)</i> 3. Diabetes and Cancer: Is There a Link? <i>In-Kyu Lee (South Korea)</i>	Symposium 15 Physical Activity and Exercise/ Fitness <i>Chairpersons: Rob Martinus Van Dam & Ikram Shah Ismail</i> 1. Sedentarism and Diabetes Risk <i>Nemencio Nicodemus Jr. (Philippines)</i> 2. Is Exercise Effective for Longterm Treatment? <i>Mohd Nahar Azmi (Malaysia)</i> 3. Aerobic vs Resistance Exercise? <i>Shane Brun (Australia)</i>	Symposium 16 Psychosocial Care in Diabetes Management <i>Chairpersons: Trisha Dunning & Lai Mee Yong</i> 1. Optimal Diabetes Management: What is Stopping Our Patients? <i>Margaret McGill (Australia)</i> 2. Peer Support <i>David L. Whitford (Malaysia)</i> 3. The Role of Therapeutic Communication in Improving Diabetes Care <i>Hariyati Shahrma Abdul Majid (Malaysia)</i>	Oral session: AASD Clinical Research on Diabetes-Related Complications <i>Chairpersons: Thep Himathongkam & Ketut Suastika</i> (Please refer to Page 29)
1020 - 1040	Tea Break Grand Ballroom				

C O N C U R R E N T P O S T E R

DAY 3 (25 Nov 2018, Sunday)					
LEVEL 3, KUALA LUMPUR CONVENTION CENTRE					
1040 - 1140	Plenary Hall Oral Presentations OP21 - OP25 <i>Chairperson: Noorlita Adam</i> (Please refer to Page 30)	Banquet Hall Oral Presentations OP26 - OP30 <i>Chairperson: Leslie Charles Lai Chin Loy</i> (Please refer to Page 30)	Conference Hall 1 Oral Presentations OP31 - OP35 <i>Chairperson: Winnie Chee Siew Swee</i> (Please refer to Page 30)	Conference Hall 2 Oral Presentations OP36 - OP40 <i>Chairperson: Fuziah Md Zain</i> (Please refer to Page 31)	Conference Hall 3 AASD
1145 - 1315	Plenary Hall Clinical Diabetes and Therapeutics	Banquet Hall Clinical Diabetes and Complications	Conference Hall 1 Nutrition And Exercise	Conference Hall 2 Education and Living With Diabetes	
	Symposium 17 (Mandarin Track) <i>Chairpersons: Linong Ji, Dalong Zhu & Xiaoying Li</i> 1. Management Programme Under Health Insurance: Integration of Diabetes Education, Screening Diabetes Complications and Clinics <i>Chih-Yuan Wang (Chinese Taipei)</i> 2. How to Put CGM Into Clinical Decision Making <i>Jian Zhou (China PR)</i> 3. How to Identify Common Specific Type Diabetes in Daily Clinical Practice <i>Xueyao Han (China PR)</i>	Symposium 18 Complications in Young Diabetes <i>Chairpersons: Nor Azmi Kamaruddin & Sidartawan Soegondo</i> 1. Cerebral Oedema in Diabetic Ketoacidosis (DKA) <i>Khalid Hussain (Qatar)</i> 2. Cardiovascular Risk In Adolescent With Diabetes <i>Aung Cho Myint (Myanmar)</i> 3. Nephropathy in Adolescents with Type 2 DM <i>Mark Cooper (Australia)</i>	Symposium 19 Dietary Patterns in Diabetes <i>Chairpersons: Zanariah Hussein & Moe Wint Aun</i> 1. High Fat or Low Carbohydrate Diet <i>Barakatun Nisak Mohd Yusof (Malaysia)</i> 2. Plant Based Diets <i>Martalena Br Purba (Indonesia)</i> 3. Intermittent Fasting <i>Mohamed Hassanein (UAE)</i>	Symposium 20 Diabetes and Technology <i>Chairpersons: Janet Hong Yeow Hua & Trisha Dunning</i> 1. The Use of Insulin Pump <i>Muhammad Yazid Jalaludin (Malaysia)</i> 2. Tools and Apps for Glucose Monitoring: What's New, What works <i>Daphne Gardner Su-Lyn (Singapore)</i> 3. Artificial Pancreas: Have We Arrived? <i>Hood Thabit (UK)</i>	Oral session: AASD Clinical Research on Diabetes and Its Therapeutics 2 <i>Chairpersons: Yuichiro Yamada & Touch Kuhn</i> (Please refer to Page 31)
1320 - 1400	Closing Ceremony Speech by Chairman of 12th IDF-WPR Congress Hand Over to the Chairman of 13th IDF-WPR Congress Speech by Chairman of 13th IDF-WPR Congress				Banquet Hall
1400	Lunch				Grand Ballroom
End of Congress					

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